



PAUL ERWIN, DPT, CO-OWNER



SCOTT RAMSEY, DPT, CO-OWNER



GEORGE ADKINS, PTA

TRINITY THERAPY™

The Latest, Most Cutting-Edge Treatments in Clinical Practice
Helping Many Regain Their Function and Relieve Their Pain
Without Medication or Surgery

FREE SEMINAR

“Beating Spine and Joint Pain”

10-11 AM @ Hershey Orthopedic & Spine Rehabilitation
1128 Cocoa Avenue, Hershey, PA 17033 (In the CocoaPlex)

Please Call 533-7000

To reserve your spot - seating is limited.

HAVE YOU BEEN DIAGNOSED WITH?

- Degenerative Disc Disease
- Herniated or Bulging Discs
- Pinched Nerves
- Sciatica or Stenosis
- Arthritis, Tendonitis, or Bursitis
- Rotator Cuff Injury
- Ligament or Cartilage Injury
- Difficulty Walking + Imbalance

THEN THIS SEMINAR WILL HELP YOU!

Visit Us On The Web At: www.hersheyrehab.com and



WHAT OUR PATIENTS SAY

“With a history of degenerative disc disease and arthritic changes in the lumbar spine, knees, and fingers, I have undergone physical therapy multiple times during the past 5 years. My goals were to improve mobility, flexibility, increase walking distance, and to reduce pain. The therapy programs, under the direction of therapists, were short-term, consisting primarily of application of heat and exercise. While my mobility did improve, I experienced minimal gains in my other goals even with continued use of the recommended home exercise programs. Over time, the discomfort spread to my thoracic spine, and I sought alternative methods to address the problem.

At the time of my initial consult at Hershey Orthopedic & Spine Rehab, I had been experiencing neck, shoulder, and arm pain for several months. The range of motion in my left arm and my upper body strength had decreased significantly. Following examination, Dr. Scott Ramsey outlined the physical problems that were present, and prescribed a program of manual therapy and focused exercise. Working with him and his team over the past several months, I have gained increased flexibility, improved strength and range of motion, and am free of pain in my arms, shoulders, and neck. Not only have my goals been achieved, they have been exceeded!

I cannot applaud you enough for your dedicated approach to rehabilitative treatment. Your caring attitude is apparent during the initial phone call and extends to the warm, welcoming greeting each patient receives in reception, to the knowledgeable, experienced caring and friendly treatment given to each patient. Congratulations on building a team that excels and “Thank You” for allowing me to be on the receiving end of your excellent care.”

Local Former Asst. Professor of Surgery

AT HERSHEY ORTHOPEDIC & SPINE REHAB WE:

- ***Provide a level of personal care and a “hands-on” approach that you will not find at other facilities.***
- ***Are experts in the diagnosis and treatment of orthopedic disorders, as well as advanced manual therapy techniques. Many times patients decrease or stop medication use, and avoid surgery.***
- ***Are direct access licensed, meaning a physician referral is not needed.***
- ***Have appointments available within 24 hours.***
- ***Provide top notch sports rehab, post-surgical rehab, and vestibular programs (dizziness and balance problems).***

If you are unable to attend our seminar, please contact our front office if you would still like to schedule a consultation.

Treatment at Hershey Orthopedic & Spine Rehabilitation is covered by all major insurances and their Physical Therapists have Direct Access capability. This means patients can be seen without a referral