

EVENTS

PRESENTATIONS

Getting you back to what you love.

Back Pain and Sciatica Workshop
Date: Saturday, February 3rd, 10:00am-11:00am
Where: 1823 William Penn Way
Lancaster, PA 17601
(Inside the Greenfield Corporate Center)

This seminar will be extremely helpful for anyone who is dealing with issues related to Back Pain and Sciatica. So please join us on Saturday, February 3rd from 10am-11am for an informative (and fun!) hour.

In this workshop you will learn:

- 1) What causes Back Pain and Sciatica**
- 2) Common reasons why it may not be better yet (but the vast majority of cases can, and DO, fully recover! – with the right treatment.)**
- 3) What the latest treatments are that that have been shown to relieve pain (both quickly, and in the long-term), and get you back to doing what you love.**

Please Call (717) 945-6938 to register. Registration is free.
Attendees will receive our e-book about back pain and sciatica free for attending.

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Email paulerwin@hersheyrehab.com**

Hershey Orthopedic & Spine Rehab Present at Safety and Wellness Day for the Lancaster City Housing Authority

We are honored to be a presenter at the Lancaster City Housing Authority's Safety and Wellness Day. We will be helping employees with tips on how to take care of yourself if you're behind a desk alot, exercise, proper lifting, and other benefits of seeing a good physical therapist!